



# Changes at MPM

## Adapting, Thriving

By: Gary E Foresman, MD

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Middle Path Medicine remains in Arroyo Grande to serve its beloved clientele!

Yet, at the same time, the Foresman family will move to the Nashville, TN area, primarily, to live closer to family. The pandemic has been hard on everyone, and allowing Leonardo (our 3 and 1/2 year old) to experience the support of his family has become crucial.

Miranda and I have had to consider for some 3 and 1/2 years that we might have to move as the state of California has mandated a violent set of vaccinations against children, without option of religious or personal exemption, and will continue to mandate more. If we want to have Leo experience public education, California is not an option for us, as he has yet to get any of the fear-based vaccinations as scheduled, which are causing epidemic neurological, autoimmune and allergic diseases amongst our children.

What does this mean for our patients and clientele? I will continue to virtually see everyone who wishes to continue to see me. I will also schedule times when I can come back to our California home and see people in-person as well. For those of you who have met Chantal King, MPM's PA, she will continue to provide excellent in-person care for the foreseeable future. If you have not yet had a visit with her, please do, as she has expertly woven her own unique personality into our thriving functional medicine practice!

Also, MPM will be converting to electronic charts despite my resistance for decades! This will make the possibility of virtual medicine across the country, and the globe, even more practical. Of course, this, too, will have its inevitable glitches for us to work through. With the help of our steadfast office manager Veronica, our medical assistants Joy and Celena, and front office assistant Maileen, we will answer your questions and continue to provide the best service possible! Of course, our Supplement Shop will remain open and available to the public, helmed by Noel and Shonda. The IV program (led by RN Patti) and our lab-draws (performed by Cayla) will continue to serve our patients as well.

So, Middle Path Medicine evolves with our changing times. We hold onto the science and care that serves as the cornerstone of our practice. We move into the era of telemedicine and expansion to the East, expanding our experience of one collective humanity.

Your Journey to Health and Healing,

Gary E Foresman MD