



Aren't All Americans Anti-Fascists?

Anti-Fascist = Anti-Racist

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Racists support fascism, fascists feed racism. The very definition of white-America's "great again" alludes to the ideal of post-WW II American Exceptionalism as we defeated the Nazis, fascists. Yet, now, the modern white-America cult has a fascist leader yearning to destroy America and the constitution, as long as the police state can keep killing black people. Nationalists wave flags while patriots protest for the actualization of the American dream. Do you even understand what the "tea party" was about? If you do, why are you not also protesting?

As a physician, my job allows me to "protect and serve" the public. We associate that phrase with our police officers, however. The most recent atrocity against humanity committed by the protectors and servers, the murder of George Floyd, has sparked international protest and has further made a mockery of America's role as a "moral authority" in the world. Despite the video evidence, the murderer and his accomplices got to walk free for far too long because they were white and light skinned police officers. This calls for the de-militarization of our police force and a complete rethinking of where tax-payers money goes.

Friday marked the first time I have ever attended and participated in a protest, a testament to my white privilege and apathy in the face of decades of injustice to my fellow humans that I am supposed to protect and serve as well. For years, any of you who have read my articles know how I feel about public health and how politics is inseparable from medicine. I have been more critical, by far, of Western medicine than of police brutality as, objectively, physicians kill far more people than police officers. We also disproportionately kill black people more so than white. It is apathy about the knowledge and wisdom of what true healing looks like, and the indiscriminate use of prescription drugs that kills people, not a knee to the neck of humanity, but metaphorically close.

Interestingly, I did get to briefly converse with Pismo Beach Police Chief Jake Miller during the protest. I appreciate that he admitted/ stated that the police officers involved in murdering (and he didn't say "knelt on") George Floyd had "tainted the badge" of other police officers. He felt that the questionnaire that California police officers fill out when hired should help weed out racist officers. The need for a nationalized approach for this kind of screening was briefly discussed. As we see from Buffalo, the violence and racism are not just perpetrated by "a few bad apples". I, of course, support those police officers willing to protect and serve our community, and not just stand by when any act of violence is perpetrated by a fellow police officer.

With the 2016 election, we, as a country, accelerated the resurgence of the white supremacist agenda (WSA) of systemic violence. The WSA of the republican party and upheld by corporate centrist democrats who pretend to oppose them, opposes science, education, the environment and even basic human decency, except as applied to white "Christian" people. The current "Christian" movement (that overwhelmingly supports this hate-based movement) in our country holds no association I can

see with the teachings of Christ; any more than the current “Republican” party resembles “the party of Lincoln”. For clarity, I know many who are good Christians, however, you cannot support Trump and support the teachings of Christ as these positions are antithetical to each other. We are seeing the cumulative effects of this policy of “divide and conquer” straight from the Nazi playbook, another group who claimed protestant “Christians” in their cult while killing not only Jews but Catholics as well.

Racism has become so American that protesting racism has become associated with being anti-American!! The nationalists sitting in pickups with American flags (at the protest I attended), protesting freedom of speech, the constitution, and America itself, define the white nationalist movement that hates America while enshrouding themselves in the American flag, as if we can’t see through them.

WE Must All Be ***Anti-Fascist***, a founding principle of our country.

WE Must All Be ***Anti-Racist***, a founding principle of the humanities, applies to all humans!

No Justice, No Peace: It means if we don’t have justice for everyone, we have justice for no one.

Silence is complicity. My white privilege and white silence have become clearer to me and I am correcting my approaches, and have a long way to go. There is no healing, for any of us, until we correct the WSA, the systemic violence that has been to my advantage all my life. Attend protests, support the black community and truly all people of color. ([Here is a document comprised of Anti-Racism readings, podcasts, and movies](#))

Fascism and Racism are public health crises, pandemics, and saying “I am not one of those” while voting for republicans represents an act of violence against humanity that spreads an ancient disease, that the only “vaccine” against is education-in-action! Learn and correct. You and I might make mistakes along the way, but we can’t allow inhumanity to spread just because it seems to be working for us.

Your Journey to Health and Healing,

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