



What Would Love Do?

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When I ventured out, I noticed the times had changed
I sensed the fear in my fellow friends, an overwhelm, feeling a sense of danger
In spite of this I smiled at those who had harangued
Those that had not worn their mask, and instead wore false flags of anger

A blanket of lies they smothered their souls within as they searched for the truth
Looking without and not within has always vexed this human race
The “fear of the day” has long been the technique for those that lack couth
To make the manipulable masses contort and to slap each other’s face

Love is not this way I feel it deeply within my soul!
Yet if I look at *any* “information” site there seems to be a left and right,
And different facts that prove where once was a heart, yet but a gaping hole.
When one believes that thinking is who I am, your life is but a blight.

Love heals everyone, no matter what sex, color, or creed
We see that this virus mutates and adapts, a celebration of life evolving
Love’s challenge is for you to see through the greed to what you need
A return to melding with the nature upon the globe which is revolving

And realize the search outward to understand a virus or a plague
Misses the most important search of going inward towards self-love
The answers won’t come from a vaccine or a drug whose benefits are vague

And only when inwards becomes outwards in knowing so below, so above.

Please to everyone, hear my impassioned plea!

Go within and not without to see the strength and beauty and love that is us.

Let go of the fear that bends you to your knee

And see this time of renaissance, an era for humanity mellifluous.

Your Journey to Health and Healing,

Gary E Foresman MD