



A Moment of Clarity

The Fabric of Humanity

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Two events struck my awareness recently, and an insight into the human condition occurred to me. Although outwardly different, both divulged a truth about why belief plays such a powerful role in healing. They highlighted why I consider the importance of “world-view” to trump the importance of nutrition in health. Let me explain.

I recently attended a meeting among professional healers. One of the attendees, while explaining a view point, described herself as a “dyed-in-the-wool Republican”. This struck me as something I really wanted to understand, after first realizing that I held no affiliation so strongly that I would profess to be so attached.

What this saying indicates is truly possessing an unquestioned belief, with the inability to evaluate or adapt, inhumanity. As the weeks go by, we see that the “party unity” banner trumps reason, and party “leaders” who once called Trump a “cancer” and a “speck of dirt” have aligned themselves with their proclaimed cancer and filth. Fascinating.

As a physician I see the same unquestioned belief in Western medicine lead to equally perilous results. Every so often patients present themselves as researchers of the modern age, ‘dyed in the wool’ scientists, gathering misinformation from both MD specialists and the all-knowing Google. An unfaltering belief in Western medicine and science, combined with listening to MDs who know nothing about nutrition and wellness, has led to much un-wellness.

That same Western medicine, according to its own literature, is the third leading cause of death in our country. The fact that much of Western medicine is scientifically invalidated by rampant corruption by pharmaceutical greed is known to almost all of us. Yet people want to believe in their MD, truly understandable. Despite all the scientific, personal, and laboratory evidence in front of our patients, often they reach all the wrong conclusions, using scientific-sounding misinformation to justify their rationale.

Please review my Stress Management series, in Part 3 ([titled “Path to Freedom”](#)) I discuss “How to Make America Great Again”; actually, how to reclaim the process of acquiring truth. BUK up! *Belief precedes Understanding* which then must proceed to experiential *Knowingness*. Everywhere I look I find people believing without evaluating or understanding, let alone experiencing knowingness. Inhumanity, Fox News, the Republican Party, much of Western medicine.

If you, as a human being, ever describe yourself as a dyed in the wool anything, you have dehumanized yourself, reduced yourself to a quality best found in a fade-resistant garment! Instead of part of the fabric of humanity, a fabric instead. Those qualities that could make us human have been expunged by belief, not enhanced by it.

The Western Medical Belief System has become a sort of laundromat using poisons (drugs) to wash out stains (symptoms) with almost no critical evaluation. The system usually appears to work as most symptoms get better, yet leave the individual quite threadbare. The context for this system can be seen everywhere, especially in the American political system. No physician can treat you individually when a plague rages. A time looms over us where you will have a choice: be part of the fabric of humanity or staunchly, statically, cling to your garment-ness. Whatever you chose, humanity wants you back!

Your Journey to Health and Healing,
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