



Vaccines, Belief, and Medicine

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Accurate expression, clear scientific documentation and a context that includes all of your freedoms and rights as a human, makes writing an article on why we do what we do as a society so difficult. For you to comprehend the complexities of our medical/political system and why there are presently very few discernible “truths” to guide your decisions on vaccines or most medical decisions would immediately alter your belief in all of medicine. I wish my abilities to convey the actual truth could somehow place you into a state of neutral inquiry, where learning felt enjoyable without the fear that comes from challenging your belief systems.

The first truth comes from deeply understanding our country as a corporatocracy, a country governed by the interests of the 0.01% in wealth who exert each policy in our country to extract the most from you. If one looks unbiasedly at the funding of the industrial/military complex, the drug war, the war on our environment, the wealth gap and so many examples of how your interests hold little relevance to policy decisions, does it not become a little easier to understand how you might question all medical dictates? Big Pharma/Big Food and their representatives hold positions of power in all the mandates that guide the physician’s “standards of care”. In writing this I hope I can clarify how this situation presents as a “just how it is” and not as something to become upset by.

Remember the Golden Rule: Those with the gold make the rules. Simple and timeless. Just like the adage “follow the money”. I have quoted Mark Twain many times, and he noted that if one chooses not to read the newspaper, they are uninformed, if they do read the newspaper, they are misinformed. Our news media serves as a mouthpiece for the corporate interests with little regard for the truth. Once again I am in no way trying to make it right or wrong, just know that when one finally comes to this revelation, the need for media exploitation goes away and the hypnosis of social conditioning fades, allowing each individual to think for themselves again!

The only reason we continue to vaccinate our children and ourselves at the rate we do is because it is sold to us. The reason for our belief in the lie comes from our desire to believe in its truth, and because some vaccines are helpful. Every good lie has some truth to it. Science demands inquiry, not compliance. I encourage you to become a knowledgeable member of the debate. Although a multitude of good references exist, I

encourage you to read the book Dissolving Illusions: Disease, Vaccines, and the Forgotten History by Suzanne Humphries MD and Roman Bystrianyk, a wonderfully documented history of infectious disease and why we vaccinate. It serves as a poignant reminder of eugenics, the Nazis, and how mandatory vaccines predates the forced sterilization, and then just rounding people up and killing, of people if they don't hold the same beliefs or just don't look like you. Mandatory vaccination has never been about public health. Please also read Vaccine Safety Manual: For Concerned Families and Health Practitioners by Neil Z Miller. This book utilizes actual scientific data juxtaposed with personal accounts to reveal the risks and benefits of vaccines. No better home-family reference exists in supporting informed decision making with regards to vaccines.

Meditative moment: One cannot discuss vaccines without belief. Our incredible pattern as a species to believe. Belief can have wonderful effects. But vaccines present as real, tangible drugs that objective science should primarily serve as our guide in discussion. Our current vaccine guidelines come from a very similar place as the food pyramid. Guidelines based on profits, *not science*, with horrifically life-threatening consequences. The beauty in this knowledge comes from the freedom in understanding that you don't have to believe in vaccines or the corporate driven guidelines, you can educate yourself and learn once again to believe in your freedom to choose.

Your Journey to Health and Healing,

Gary E Foresman MD