



Wage Love, Not War

By: Gary E. Foresman, MD

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Although born in 1962, I never got to really experience the 60s. The original “make love not war” was more about the free love movement and not what this article pertains to, so I modified the familiar adage in an attempt to convey the most important theme of our times. We collectively as a country spend trillions of dollars attacking and killing things justified by our seeming righteous superiority over whatever we attack. The Wars on Drugs/Immigrants/Cancer/Women/Intelligence/Terror/The Environment/etc all have ardent supporters. All these wars have failed, must fail, because war can’t solve these problems/ perceived problems.

With the recent Vaccine Wars, I just lost it, primarily as it hit so close to home as a physician. The media has taken a relatively mild measles outbreak and whipped our nation into yet another frenzy. When a local pediatric group sent out a demeaning letter to their patients, then social media, justifying the denial of care to children of parents who decline the MMR, I wondered how we, as physicians, got to this place. Scientism can truly crush empathy.

Be clear, I support the MMR for most everyone. Should pediatricians/ doctors in general deny care to every child whose parents make a decision they disagree with? The rationalization of herd immunity when the real epidemics include obesity/diabetes/gun-related mortality and autism/learning disorders shows a significant selection bias in terms of who they discriminate/hate. I came across a beautiful essay by a marvelous medical doctor, Russell Blaylock, called “Regimentation in Medicine and the Death of Creativity” which can be found at <http://www.russellblaylockmd.com>, under the ‘Regimentation’ link. Please read and ponder its implications.

For those who don’t wish to take the time, it basically discusses that there was a time when physicians were thinkers, leaders in the community. Now we primarily, due to many forces beyond the average physician’s control, have become preprogrammed

automatons dispensing drugs and vaccines based on regimens that have little true scientific basis. I can't adequately express to you how deeply sad this makes me. The refusal to treat children based on a parent's choice sent me to a dark place. As I meditated and journaled, I began to laugh as I found how ironic it was that I wanted to wage war against this group! I can be such an adolescent boy if left unchecked.

All I truly want to do is wage love in a world of warring individuals. So help me as I come out of my shell, as I am not an overly social person by nature. My staff will help as we set up town hall meetings, radio shows, I even hope TV spots and look at this strange irony of our world starting with my "tipping point", the Vaccine wars and the underlying War on Choice. I will show you what science indicates, the limitations of our current scientific method, what questions are not even being asked, and the underlying forces that would have you relinquish the right to choose!

Your Journey to Health and Healing,
Gary E Foresman MD