



Healing Utilizing a “Lighter” Touch

Ultraviolet Blood Irradiation or BioPhotonic Therapy

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August 2014

Ultraviolet Blood Irradiation (UBI) has been in clinical use for the treatment of infectious disease since 1933. If you want an historical overview with references, videos, and testimonials please go to www.drsubi.com as they do a fine job there. What I would like to do is introduce you to a new therapy we have added at Middle Path Medicine.

As most of you know Internal Medicine/Functional Medicine/Integrative Medicine physicians such as me take the most challenging of medical cases that fall outside of the realm of “usual care”. Whether chronic fatigue, chronic infections, cancer, or autoimmune disease, we must find treatments for these complex conditions Western medicine has failed to “conquer”. Sometimes one must look back at therapies rejected by mainstream medicine and evaluate the reasons for that rejection. Unfortunately, the reason for the loss of UBI treatment in the physician’s toolbox can be traced solely to corporate greed and the pharmaceutical industry, not due to the hundreds of clinical trials supporting this vital tool’s efficacy.

UBI is a very simple procedure where a small amount of blood (40 to 60 CCs) is removed from the patient and infused back into them after passing through a spectrum of UVA and UVC light. Profound antiviral and antibacterial properties in conjunction with oxygenating, immune regulating, and inflammation reducing properties allow UBI to work as a form of “vaccination” against the chronic infections so commonly residing within us. Furthermore, significant improvements in the tissue delivery of oxygen make UBI a candidate for the treatment of cardiovascular disease and neurodegenerative disease.

For reference, I will stick to one more recent Pub Med article, “Can biowarfare agents be defeated with light?” (PMID 24067444). This extensively referenced review sheds light (couldn’t pass up doing that at least once!) on how UVA and UVC waves work not only against potentially weaponizable infectious diseases (*like Ebola*) but also against the antibiotic resistant strains of bacteria so prevalent in our communities now (*such as MRSA*). The potential for treating the untreatable has been within our fingertips.

Now, nothing works on all infections. UBI usually requires 4 to 10 treatments and is efficacious against 60 to 80% of organisms, whether bacteria, viruses, yeast or parasites. Other indications include autoimmune disease and any ischemic (low blood flow) condition. If you have had dissatisfactory results with my or any other practitioner’s treatments in any of these areas, please call MPM as I am excited to offer this “new” therapy!

Your Journey to Health and Healing,
Gary E. Foresman, MD